



**January 30-February 10, 2012
Breakfast Menus**

2% Milk is served with all meals and snacks
Menu subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
30 Wheat toast Apple butter Boiled eggs Apple juice Milk	31 Banana whole wheat pancakes Lite syrup Sliced peaches Milk	1 Cinnamon raisin bis- cuit Turkey sausage patty Orange juice Milk	2 Yogurt n' granola Wheat toast Sliced apples Milk	3 French toast Lite syrup Turkey sausage patty Apple sauce Milk
6 Cheerios cereal with raisins Sliced oranges Milk	7 Hash brown medley Wheat bagels w/ cream cheese Orange juice Milk	8 Raisin bread Turkey bacon Apple juice Milk	9 Cream of wheat Wheat toast Grape jelly Mandarin oranges Milk	10 English muffins Apple butter Scrambled eggs Sliced peaches Milk



January 30-February 10, 2012

Lunch Menu

2% Milk is served with all meals and snacks
 Menu subject to change according to availability.
 Fresh produce from the UCCC garden will be substituted as available.

Monday	Tuesday	Wednesday	Thursday	Friday
30 Cheese pizza Pasta Alfredo Mixed vegetables Sliced peaches Milk Snack Low fat blueberry yogurt Apples Milk	31 Boneless skinless chicken breast *cheese pizza* Oven roasted potatoes Peas n carrots Wheat bread Mandarin oranges Milk Snack Granola and dried cranberries Milk	1 Cheese ravioli w/ fresh marinara Buttered corn Garlic bread Apple slices Milk Snack Bananas Oatmeal cookies Milk	2 Baked turkey ham *garden burger* Mac and cheese Snap peas Wheat bread Apple sauce Milk Snack String cheese Fat free applesauce Milk	3 Baked cod Garlic wheat penne rigate Salad w/dressing Whole wheat dinner rolls Milk Snack Hummus tortillas Milk
6 Three cheese macaroni Snap peas Whole wheat dinner rolls Sliced apples Milk Snack Goldfish crackers Sliced oranges Milk	7 Spaghetti n' meat sauce *spaghetti fresh marinara* Salad w/dressing Garlic bread applesauce Milk Snack Cheese n' whole wheat crackers Milk	8 Turkey fritters *Cheese sandwich* Sundried tomato pasta Sautéed spinach Wheat buns Sliced oranges Milk Snack Bananas and dried apricots Milk	9 Cheeseburger *Garden cheeseburger* French fries Green beans Wheat buns Mandarin oranges Milk Snack String cheese Raisin bread Milk	10 Roasted corn vegetable soup w/egg noodles Grilled cheese Fresh pears Milk Milk Snack Apple slices Cinnamon Milk