



January 16– January 27, 2012 Breakfast Menus

2% Milk is served with all meals and snacks
Menu subject to change according to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>16</p> <p style="text-align: center;">Martin Luther King Jr. observed</p> <p style="text-align: center;">No School!</p>	<p>17</p> <p>Granola and raisins Cereal Sliced peaches Milk</p>	<p>18</p> <p>Sausage biscuit Sugar free grape jam Apple juice Milk</p>	<p>19</p> <p>Vegetarian omelet Whole wheat toast Apple butter Orange juice Milk</p>	<p>20</p> <p>Oatmeal with raisins Whole wheat toast Unsweetened apple-sauce Milk</p>
<p>23</p> <p>French toast made with sourdough bread Sugar free syrup Turkey sausage patty Apple sauce Milk</p>	<p>24</p> <p>Whole wheat bagels Cream cheese Turkey sausage links Mandarin oranges Milk</p>	<p>25</p> <p>Raisin bread Turkey bacon Apple slices Milk</p>	<p>26</p> <p>Scrambled eggs Croissants Grape jam Orange juice Milk</p>	<p>27</p> <p>Granola cereal w/ sliced peaches Apple juice Milk</p>



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Lunch Menu

2% Milk is served with all meals and snacks
 Menu subject to change according to availability.
 Fresh produce from the UCCC garden will be substituted as available.

Monday	Tuesday	Wednesday	Thursday	Friday
16 Martin Luther King Jr. observed No School!	17 Salmon burgers *Garden cheese burger* Sweet potato fries Whole wheat burger buns Mandarin oranges Milk Snack Granola and dried cranberries Milk	18 Black beans w/ brown rice Sautéed spinach Whole wheat dinner rolls Sliced apples Milk Snack Bananas Oatmeal cookies Milk	19 Turkey ham n' cheese sandwich *Cheese sandwich* Sun chips Peas and carrots Whole wheat bread Orange slices Milk Snack Whole wheat goldfish Fat free applesauce Milk	20 Lemon pepper tilapia *Cheese pizza* Salad w/ dressing Garlic pasta Whole wheat bread Sliced peaches Milk Snack Hummus Wheat pita chips Milk
23 Bean n' cheese burrito Spanish rice Snap peas Soft tortillas Apple sauce Milk	24 Boneless skinless chicken thighs *mac n' cheese* Mixed vegetables Whole wheat dinner rolls Fresh pears Milk Snack Cheese n' whole wheat crackers Milk	25 Beef sloppy Joe *cheese sandwich* Green beans Whole wheat buns Apple slices Snack Bananas and dried apricots Milk	26 Cheese, broccoli, and rice casserole Salad w/dressing Garlic bread Mandarin oranges Milk Snack String cheese Fat free applesauce Milk	27 Pasta carbonara *Vegetable carbonara* Whole wheat bread Orange slices Milk Snack Apple slices Yogurt dip Milk